FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  LARNER PAUL						2. Issuer Name <b>and</b> Ticker or Trading Symbol VORNADO REALTY TRUST [ VNO ]									c all applic	able)	g Pers	Person(s) to Issuer	
LAKNER PAUL																Director		10% Owner	
						3. Date of Earliest Transaction (Month/Day/Year)									Officer (give title below)			Other (s below)	pecify
(Last) (First) (Middle)						07/14/2003									Exec. V.PChief Admin. Off.				.
(Street)						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicabl Line)				
					-										Form filed by One Reporting Person				
(City) (State) (Zip)															Form filed by One Reporting Person  Form filed by More than One Reporting  Person				ting
		Tab	le I - No	n-Deriv	/ativ	e Se	curit	ies Ac	quired,	Dis	posed o	f, or Be	nefic	ially	Owned				
1. Title of Security (Instr. 3)  2. Transa Date (Month/D						ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (I	Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4				es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Pric	e	Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)
common shares of beneficial interest ("Common Shares") 07/14/2						2003			х		21,719	) A	30	0.39	67,307(1)			D	
Common Shares 07/14/2						/2003					21,719	) D	44.	.3784	45,588(1)			D	
		7	Гable II -								osed of, convertil				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date, Transac Code (I			tion of		6. Date Exercisable and Expiration Date (Month/Day/Year)			of Securities Underlying			Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	is illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amo or Num of Shar	nber					
employee stock option	30.39	07/14/2003			X			21,719	01/01/20	02	01/01/2007	Common Shares	21,7	719	\$0	0		D	

## **Explanation of Responses:**

buy)

1. 24,811 of these Common Shares are "restricted stock"under the terms of the Vorando Realty Trust 2002 Omnibus Share Plan. 5,266 of these 24,811 Common Shares will vest on January 1, 2004 and 5,265 will vest on each of January 1, 2005, January 1, 2006 and January 1, 2007, subject to the terms of the plan. 750 of these 24,811 will vest on each of January 28, 2004, January 28, 2005, January 28, 2006, January 28, 2007 and January 28, 2008, subject to the terms of the plan.

/s/ Paul F. Larner

07/16/2003

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.