FORM 4

Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to SIAIEWENT OF CHANGES IN BENEFICIAL OVVNERSE Section 16. Form 4 or Form 5	Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
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OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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(Last) 2345 CR	YSTAL I		3. Date of Earliest Transaction (Month/Day/Year) 07/08/2004											below)	(give title sident - S	mith	Other (s below) Division	:pecity				
(Street) ARLINGTON VA 22202							If Ame	endme	nt, Date	of C	Original F	iled	(Month/Da		Indiv ne) X	Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)		(State)		(Zip) le I - No	n-Deri	vativ	e Se	curit	ies Ac	an	uired. I	Disi	nosed o	of. or	Ben	eficia	llv (Owned				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						saction	ear)	2A. Deemed Execution Date, f any Month/Day/Year)			3. Transac Code (Ir 8)	tion	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				or 5. Amou Securitie Benefici Owned F		s ally ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
						Code	v	Amount	(A) or (D)		Price	Tr		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)					
Common Shares 07/08								2004			M		38,92	4	A	\$36.46		70,352(1)(2)			D	
Common	Shares				07/0	8/200	4				S		324		D	\$59.	80	70,02	28(1)(2)		D	
Common	Shares				07/0	8/200	4				S		38,60	0	D	\$5	9	31,42	28(1)(2)		D	
			1	able II -									osed of, onverti				y O	wned				
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercis Price of Derivative Security	n Date	. Transaction late Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr 8)					Date Exe opiration onth/Day	Date	!	of Se Unde Deriv	7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		De Se (li	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	ly Di or	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	v	(A)	(D)		ate kercisabl		Expiration Date	Title	N O	Amount or Number of Shares						
Options (Right to	\$36.46	07/08	R/2004			м			38 924	04	4/09/2004	. ,	14/09/2013	Com	mon	38 924		\$36.46	77 949	(3)	D	

Explanation of Responses:

- 1. 31,428 of these Common Shares are "restricted stock" under the terms of the Vornado Realty Trust 2002 Omnibus Share Plan. Of these 31,428 Common Shares (i) 27,428 Common Shares of restricted stock were granted to Mr. Schear on April 9, 2003, with the shares vesting in equal portions over a four-year period beginning April 2004 and (ii) 4,000 Common Shares of restricted stock were granted to Mr. Schear on February 6, 2004, with the shares vesting in equal portions over a five-year period beginning January 2005.
- 2. Number of Common Shares beneficially owned as of July 8, 2004.
- 3. This tranche of options, which were originally granted on April 9, 2003, have two equal portions remaining to vest. One portion vests in 2005 and the other portion vests in 2006.

/s/ Mitchell Schear 07/09/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.